

Swimmer

Name: Jessica Kieras Gender: F Age: 40 Resides In: Redmond, OR

Support Personnel

Pilot name(s): Lauren Smith
Mary Louise Warhus Vessel: Sweetwater
Executive Cruiser Port: Crooked River Marina
(Lake Billy Chinook)

Crew names & roles: Mary Louise Warhus - Observer/pilot
Lauren Smith - observer/pilot

Swim Details

Date: 7-9-20 Body of Water: Lake Billy Chinook Location: Jefferson County, OR

Route description: Cove palisades resort → crooked river to bridge → to Deschutes River bridge →
metolius river → around chinook island → back to Cove palisades resort.

Swim distance: 25.4 miles Start time: 05:48:22 Finish time: 19:03:19 Elapsed: 13:14:55.28

List any "first" or record claims: first documented swim in Lake Billy Chinook

Rules & Conduct

Feeding (substances & frequency): Every 20 min, fed on one of the following:
Infinitt (nutrition liquid), hot chocolate, miso, beef stew, chocolate-coffee,
or Coke.

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:
Textile suit, silicone cap, tinted goggles, clear goggles, desitin,
ear plugs.

List any modifications of MSF Standard Swim Rules:
Rules were followed without modification

Observer: Lauren Smith
X Lauren Smith
Email or Phone:
elle.smith320@gmail.com
808-222-7371



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

① START TIME = 05:48:22

Jess is peeing every feed

TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
06:10:49	44.553366	-121.26496	66.3/55.9	SW 0.0/F1	60	Infant, cool group of birds
06:29:34	44.544332	-121.263578	65.9/55.5	SW 0.0/F1	59	infinit fish jumping
06:50:04	44.534741	-121.263292	66.1/53.4	SW 0.0/F1	60	Infinit Dan peed in a bottle
07:08:59	44.532008	-121.264150	65.4/55.4	SW 0.0/F0	60	Infinit
07:29:29	44.542168	-121.264948	64.9/56.6	SW 0.0/F1	60	Switched to green goggles, infant, sun is starting to crest over cliffs!
07:49:11	44.551625	-121.266527	65.6/62.7	SW 0.0/F1 (barely)	60	Infinit, Dan checked in - Jess said she's feeling good
08:10:41	44.561934	-121.270260	65.7/67.4	SW 0.0/F1 (barely)	59	Dragonfly on the water - boat rocking - wake. Lauren peed in the water - temp feels nice! Hot hoco
08:25:11	44.569260	-121.271576	66.7/66.7	SW 0.0/F0-F1	60	Hot hoco / another Puffin emerges from wedge moon set on west ridge
08:49:50	44.567590	-121.280129	65.0/67.8	SW 0.0/F0-F1	61	Infinit / speed boat passed w/ shouting kids
09:10:11	44.558339	-121.283350	65.6/72.6	SW 0.0/F1	61	Infinit / Dan checked in - Jess feeling good - "water feels colder" - Jess heron + osprey spotted
09:28:36	44.550533	-121.286067	67.2/73.3	SW 0.0/F1 (barely)	60	Infinit
09:48:53	44.541411	-121.289849	68.8/76.2	SW 0.0/F1	60	Infinit Jess feels "good!" Dan gets a sandwich Jess peed.
10:08:42	44.532311	-121.294938	68.1/74.5	SW 0.0/F1	61	MISO - Bird song sounds like it's laughing - "feels good" - Deschutes Bridge seen ahead!
10:28:58	44.526982	-121.298091	69.3/78.4	NE 3.6/F2	60	MISO - party boats are starting to come at. - Jess
10:50:25	44.535244	-121.293380	69.9/76.2	NE 3.6/F2	61	MISO more wind recently + wake old road along river

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Swim Description
Lake Billy Chinook - Bridges/Island Loop

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photo/video - Bridge #1

photo →

photo →

photo →

photo/video *check #2 in

photo →

photo →

photo →

photo →

photo/

Video #3

- mask wearing while we learned how to operate - pre-start pontoon.

lots of fish jumping
very calm & lovely
truck traffic along road

general morning observations

Jess was in good spirits @ bridge (between feeds #3 & 4)
She asked us how we were doing.
Lots of cheering!
10% done.

Dan attempts to pick feathers out of water 07:49:11

~~scribbled out text~~

2:46 hrs - hit deschutes

Dan's sunny grabbing -
ML sanitized hands &
grabbed cooler handle / Dan
opened the lid - like covid-free
clockwork 09:48:53

around 10:25 - hit deschutes bridge

Jess mixes up strokes - breast, back, free - just after 10:28:58 feed.

Peering every feed ↓

TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
11:09:15	44.5426091	-121.2893485	69.9/78.2	0.0/F1	62	Beef Stew! "down the wrong pipe" - as she chokes - "solid F1" - Lauren →
11:28:51	44.5510199	-121.2857664	69.8/77.0	0.0/F1	64	Beef Stew = lots of coughing/choking - Jess asked Dan how long/longer Dan didn't know →
11:49:11	44.5601656	-121.2832833	68.6/73.9	0.0/F1	64	Infinit - more cloud cover, less wind. We will ask her if she's "turning on the heat" (Dan) photo to check in because of SR
12:11:15	44.5701727	-121.2786760	68.2/76.6	0.0/F1	64	Infinit - re: her stroke rate she said "that's great!" - 2ml/hr calculated SR request
12:29:56	44.5766012	-121.2700181	72.9/75.0	0.0/F1	63	Infinit - gave the "ok/mid" sign when asked how she was
12:49:15	44.5849457	-121.2723336	67.8/73.6	0.5/F1	64	Infinit - too cold to take IBU photo/video #4
13:09:09	44.5917083	-121.2805800	68.6/77.5	0.0/F1	64	Infinit - no Ibuprofen - just metolins @ metolins
13:28:47	44.5917565	-121.2919623	69.4/81.2	0.0/F1	63	Infinit - 2 Ibuprofen taken - sun re-emerges/ all devices charging
13:49:37	44.5884599	-121.3045164	68.7/82.5	0.0/F1	63	choco-coffee "I'm having a hard time" - Jess photo
14:08:08	44.5859527	-121.3166661	68.9/80.2	0.0/F1	63	choco-coffee "I'm having a rough time - keep an eye on me. Nothing to worry right now" - Jess! →
14:29:14	44.5865831	-121.3312714	67.9/80.7	SW 2.0 (gusts) F2	63	Choco coffee - encouraging her - Island is within sight. Heavy cloud cover →
14:49:03	44.5883799	-121.3442426	67.6/78.5	SW 3.6/F2	62	Infinit - changing wind gusts coming from North then South photo/video #5 *check in
15:09:04	44.5901100	-121.3564406	67.4/76.6	SW 7.5/F3	63	infinit v. windy. something up ahead → In between feeds, wind up 7-8k
15:28:53	44.5900455	-121.3676948	67.4/76.9	SW 1.5 (gusts) F3	63	Infinit - Jess - peering every feed. - excited about mid-air arm pump by Jess photo
15:49:11	44.5867798	-121.3578565	67.0/77.5	0.0/F2	65	Coca-cola! - "I'm chilly" Dan asks her temp - does finger test - she's ok. - Island reached! - hoping for tail wind!

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material world
blasting from passing boat 11:09:15

- cutting across a busy section of river 11:28:51

successful ~~the~~
- crossing of Deschutes meeting Crooked -
Engine cut twice then L took over!
as skidoos headed to us.

- Adding some back stroke / ski-doo's everywhere! 12:29:56

^{hour}
- 7:29 - reached Metolius arm

- mid stroke sneeze! - after 13:28:47 feed

- Laven is "chasing" Dan. ~~at~~ of the pontoon
- Kids are riding a hotdog tube
- Mr Jefferson is in the backdrop

general observations
~~between~~ at and around
feedings 14:08:08
14:29:14

- Dan's hoping for tailwind on the way back
Island is in sight!! - he says "like swimming
to the mailbox!" 14:49:03

- a floating building
"Looks like a shelter." - Dan / Dan guides Jess
close to island shoreline 15:09:04 +

TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
16:09:37	44.586477	-121.3427385	66.9 / 74.7	4.8 West F2	62	Coke - Who's the president? "Trump" - Jess Cold but ok
16:28:43	44.5856334	-121.3298944	67.5 / 75.1	1.7 gusts F2	63	Coke - "I'm ok, just uncomfortable" - Jess Dan said he was born in 1984 (not true)
16:48:00	44.5854854	-121.3170959	68.1 / 74.1	2.5 (gusts) F2	61	Beef Stew - 22.21 miles - Jess shivering right shoulder bothering her.
17:09:03	44.5880716	-121.3061948	67.4 / 74.7	5.9 (gusts) F2	57 (Back stroke)	Beef Stew - Jess is feeling good, gonna be alright. Can see Crooked wall - getting close!
17:33:28	44.5914440	-121.2941456	67.2 / 73.6	0.0 / F1	63	Didn't like Beef Stew so... Stopping 5 mins later for coke! (that coke is the official feed)
17:50:33	44.5931095	-121.2844702	67.6 / 71.8	0.0 / F1	64	Coke - Rain has started - light approx 24.0 miles we see the waterfall!
18:09:20	44.5866927	-121.2749755	66.6 / 70.3	4.4-5.2 gusts North F2	64	apple juice - saw the sheriff - he cut off a speeding boat to help protect Jess
18:29:05	44.5780396	-121.2687401	66.4 / 70.3	0.0 / F1	64	Coke - Marina is within sight!!! Forest fire nearby? decided on one more feed Haze + smokey smell
18:46:25	44.5692383	-121.2681041	67.8 / 68.8	3.8 N F2	63	Coke - last feed!
19:03:19	Finish.					13:14:55.28 26.49 mi

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Lake Billy Chinook - Bridges/ Island Loop

boats & peeps, Calmer
photo/video #6
lots of backstroke (likely due to shoulder)
photo
*check in tail wind picking up!
photo/video #7

→ Couple on Houseboat 52, which passed Jess earlier, pass again and shout/cheer her on ☺ 16:48:06

- "She'd don't like what was on the menu." - Dan 5 mins before 17:33:28

- Kemp is a little better, she says / Jess peed - @ 17:33:28

- Can smell campfires!
→ or Forest fires? ::) general observation over last three feedings

→ Eagle sitting just before last feeding. Light sprinkles.