

MARATHON SWIMMERS FEDERATION – Standard Swim Log



Date

5/27/21

Swimmer(s)

Courtney Moates
Paulk

Observer(s)

Heather Fairbanks

Swim Description

*Chesapeake Bay
Crossing
Piccotts Harbor to
Grandview Island*

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TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
0:00	37.18983	-76.00493	68/76.8	7.5 mph/N	69	beach start, meets with kayaker 25 yards out
0:30	37.19072	-76.02114	67.6/75.3	7.3/NNE	68	270 heading, navigating minefield of crab pots
1:10	37.1895	-76.03837	67.6/76	8.5/NNE	69	requests Endurolytes Extreme next feed
1:30	37.1879	-76.05568	67.9/78	8.5/NNE	69	urinating and stretch during feed, Carbo Pro (CP) & Tailwind (TW)
2:00	37.18429	-76.07156	67.7/78	7.5/NNE	69	bay is smoothing down, cargo ship about to leave anchorage, pilot called
2:35	37.18401	-76.08486	67.7/75.9	7.1/NNE	68	applesauce, asks for caffeine next feed
3:00	37.17655	-76.09791	67.9/76.5	4.1/NNE	70	light and variable winds, caffeine in feed with scheduled Advil
3:30	37.14147	-76.11488	68.7/75.5	3.5/NNE	69	1.35 nautical miles (nm) north of track, Swimmer strong and relaxed
4:00	37.16702	-76.12847	69.3/76.6	2.9/NNE	69	270 heading, dolphins playing nearby, long feed, F-22s fly over
4:30	37.1632	-76.1431	69.9/79.3	4.0/NE	68	fantastic conditions, tide appears to be starting to switch early
5:00	37.15822	-76.1578	69.9/79.8	.4/NE	69	egg salad on bun, but slight nausea, 1.65 nm off course (north)
5:35	37.14849	-76.17108	70.4/78.6	2.0/NE	69	very sunny, boat fumes getting to swimmer, relocate boat, 1.39 nm off
6:05	37.13874	-76.1824	70.5/79.5	3.1/E	69	heading a bit too north, still hoping to land at Grandview, 1.13 nm off
6:35	37.1292	-76.19089	70.4/80.9	1.3/E	67	:40 feed, land in sight, Staying right of NASA structure, .84 nm off course
7:05	37.12031	-76.19868	70.5/77.5	7.0/E	68	270 heading north of NASA structure, .56 nm off course

