

Swimmer

Name: Gender: Age: Resides In:

Support Personnel

Pilot name(s): Vessel: Port:

Crew names & roles:

Swim Details

Date: Body of Water: Location:

Route description:

Swim distance: Start time: Finish time: Elapsed:

List any "first" or record claims:

Rules & Conduct

Feeding (substances & frequency):

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

List any modifications of MSF Standard Swim Rules:

Observer:

Email or Phone:



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

MARATHON SWIMMERS FEDERATION — Standard Swim Log



Date

5/11/2021

Swimmer(s)

SARA
Stevenson

Observer(s)

Janine
See II

Swim Description

Lake Jocassee
SC.

Villa ~~Boat~~ Beach
to Laurel Creek
Falls + Back

Page 1 of 2.

TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
8:30 AM	34/58/19N	82/56/23W	64/63	10 EAST		OVERCAST DAY Depart from Devil Fork State Park Villa
9:00			64/64	10 EAST	60	Feed water
9:30			64.2/68.5	10 EAST	60	Tailwind DeCAT - heading N - side wind from EAST Swimmer HAPPY!
						Brian singing DYLAN
10:00			64.8/72.1	Ø	61	Apple Cider - Now wind as we are behind the point
10:30			66/80.8	Ø	61	CAF Tailwind Swimmer has not peed.
11:00			66/86.2	Ø	63	Water + Apple Sauce - no fish sisted. Swimmer PEED!!!
11:30			67.1/73.8	6 SOUTH	62	DeCAF Tailwind w/ Tylenol Little tailwind from the south.
12:00			68.2			Water + Apple Sauce. Almost There!!!
12:09:07						AT LAUREL Creek WATERFALL!!
						TOUX BOAT Cheers here on!! WATER IS COLD here
12:14						BOAT Break for Brian's sore Butt
						Swimmer treaded H ₂ O Observer continued to monitor ☺
12:30			67.4/84.6	4 north	63	CAF Tailwind.
12:42						Fisherman slowed down + wanted to know what she was doing + how that could be fun. They offered to take her fishing instead

