

**Swimmer**

Name: CHARLOTTE BRYNN Gender: F Age: 50 Resides In: STOWE, VT, U.S.A

NATIONALITY: NEW ZEALAND

**Support Personnel**

Pilot name(s): PHILIP WHITE Vessel: DJANGO 16FT DORY Port: NEWPORT, VT, U.S.A

Crew names & roles: CYNTHIA NEEDHAM, CREW, FEEDING

**Swim Details**

Date: 7/24/2016 Body of Water: LAKE MEMPHREMONGY Location: VERMONT, U.S.A QUEBEC, CANADA

Route description: CIRCUMNAVIGATION OF ILE RONDE

Swim distance: 16.43 MILES Start time: 7:47 AM Finish time: 3:46.04 PM Elapsed: 7:59:04

List any "first" or record claims: FIRST.

**Rules & Conduct**

Feeding (substances & frequency): HOUR, THEN 30 MINUTE FEEDS. [UCAN / POWDERED GREENS & PROTEIN]

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:

SINGLE TEXTILE SWIMSUIT WITH STANDARD COVERAGE, ONE SILICONE CAP, GOGGLES, EARPLUGS, VASELINE TO GREASE THE BODY.

List any modifications of MSF Standard Swim Rules:

N/A.

Observer: PHILIP WHITE

Email or Phone:  
phw1948@gmail.com  
(802) 249-9100



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

# ILE RONDE

## MARATHON SWIMMERS FEDERATION - Standard Swim Log



Date

JULY 24, 2016

Swimmer(s)

CHARLOTTE BRYNN

Observer(s)

PHILIP WHITE

Swim Description

ILE RONDE  
CIRCUMNAVIGATION

Page 1 of

| TIME | LATITUDE | LONGITUDE | TEMP<br>sea / air | WIND<br>spd / dir | STR.<br>RATE | NOTES<br>(distances, feeds, subjective conditions, other incidents) |
|------|----------|-----------|-------------------|-------------------|--------------|---|
|      |          |           | 73/58             | 5kts/NE           | 68           | BEAUTIFUL MORNING.  |
|      |          |           | 72/59             | 6kts/NE           | 65           | GREENS FEED, 2 MILE @ 54:45 / LIGHTHOUSE                            |
|      |          |           | 72/60             | 6kts/NE           | 66           | UCAN FEED, SMALL SWELLS, 11sec FEED                                 |
|      |          |           | 72/61             | 6kts/N            | 65           | GREENS FEED, SWELLS (1ft), GUSTS, BORDER 2:27.18                    |
|      |          |           | 72/63             | 6kts/N            | 65           | UCAN, BORDER CHECK IN BOAT, FEED 2min LATE                          |
|      |          |           | 72/65             | 4kts/N            | 64           | GREENS, VARIATED CLIP.  |
|      |          |           | 73/68             | 15kts/N           | 64           | UCAN, GUSTING 15kts, WHITE CAPS, ADVIL                              |
|      |          |           | 73/70             | 15knt/WNW         | 65           | GREENS, 2FT SWELLS IN lee OF OWLS HEAD                              |
|      |          |           | 73/72             | ↓ N 14kt          | 65           | UCAN - ROUNDING ILE RONDE 4:1:30                                    |
|      |          |           | 73/74             | ↓ N 10kt          | 65           | GREENS, WIND CALMING TO 10 KNOTS                                    |
|      |          |           | 73/76             | NNW 7kt           | 65           | UCAN, BORDER CROSSING U.S.A - U.S.A!<br>- 5:38:35                   |
|      |          |           | 74/71             | 5kt NNW           | 66           | GREENS, SMALL SWELLS - following seas                               |
|      |          |           | 74/77             | 5kt NNW           | 65           | UCAN, ADVIL, SWIMMING STRONG  |
|      |          |           | 74/77             | 5KT NNW           | 67           | GREENS, LIGHTHOUSE, SUNSHINE!                                       |
|      |          |           | 74/78             | 5KT NNW           | 65           | UCAN, DRIVING HOME, HEAD DOWN!                                      |

# ILE RONDE

## MARATHON SWIMMERS FEDERATION - Standard Swim Log

BOAT RAMP: LAT 44.93685 / LONG 72.21213



TIME      LATITUDE      LONGITUDE      TEMP sea / air      WIND spd / dir      STR. RATE      NOTES  
 (distances, feeds, subjective conditions, other incidents)

|                  |      |          |          |       |                      |    |   |
|------------------|------|----------|----------|-------|----------------------|----|---|
|                  | 1.01 | 44.96609 | 72.22928 | 73/58 | 5KTS/NE              | 68 | BEAUTIFUL MORNING                                   |
|                  | 1.51 | 44.97996 | 72.23517 | 72/59 | 6KTS/NE              | 65 | GREENS FEED, HEAD WIND PICKING UP                   |
|                  | 2.01 | 44.99308 | 72.24158 | 72/60 | 7KTS/NE              | 66 | UCAN FEED, SMALL SWELLS                             |
| Date             | 2.51 | 45.00528 | 72.24744 | 72/60 | 8KTS/N               | 65 | GREENS, SWELLS (1ft), GUSTS, BORDER 2:27.18         |
| JULY 24, 2016    | 3:01 | 45.01774 | 72.25491 | 72/62 | 8KTS/N               | 65 | UCAN, BORDER CHECK IN, FEED 2min LATE               |
| Swimmer(s)       | 3:54 | 45.02991 | 72.26303 | 72/65 | 10KTS/N              | 64 | GREENS, VARIATED CHOP                               |
| CHARLOTTE BRYNN  | 4.01 | 45.04142 | 72.27084 | 73/67 | 12KTS/N              | 64 | UCAN, GUSTING 15KTS, WHITE CAPS, ADVIL              |
| Observer(s)      | 4.51 | 45.03894 | 72.26501 | 73/67 | 12KTS/WNW            | 65 | GREENS, 2FT SWELLS / OWLS HEAD                      |
| PHILIP WHITE     | 5.01 | 45.02462 | 72.25458 | 73/70 | ↓N10KTS              | 65 | UCAN, ROUNDING ILE RONDE                            |
| Swim Description | 5.51 | 45.00899 | 72.24832 | 73/74 | ↓N <sup>10</sup> KTS | 65 | GREENS, WIND CALMING TO 10 KTS                      |
| ILE RONDE        | 6.01 | 44.99336 | 72.24194 | 73/76 | 7KTS NNW             | 65 | UCAN, BORDER CROSSING <sup>USA-USA!!!</sup> 5:38:35 |
| CIRCUMNAVIGATION | 6.51 | 44.978   | 72.23699 | 73/77 | 6KTS NNW             | 66 | GREENS, SMALL SWELLS, FOLLOWING SEAS                |
|                  | 7.00 | 44.96344 | 72.22974 | 74/78 | 5KTS NNW             | 65 | UCAN, ADVIL, HEADING STRONG FOR RAMP!               |
| Page 1 of 1      | 7.50 | 44.94901 | 72.22272 | 74/78 | 5KTS NNW             | 67 | GREENS, SWIMMING STRONG!                            |