

MARATHON SWIMMERS FEDERATION – Observer Report Cover Sheet

Swimmer

Name: Abby Bergman Gender: F Age: 29 Resides In: Culver City CA

Support Personnel

Pilot name(s): Dave Harvey Vessel: Pacific Star Port: San Pedro 22nd St

Crew names & roles: Jake Harvey Co-captain, Max Harvey Galley, Tristan Harvey Deck
Jax Cole Crew Chief, Dan Simanelli obs/kayak, Steve Chase Observer

Swim Details

Date: Sept 2-3, 2020 Body of Water: Santa Monica Bay, CA Location: Malibu - Palms Verdes Ct

Route description: N of Point Dume, S of edge Landa Bay Trans-SAMO Bay

Swim distance: 27 Start time: 11:41:45 Finish time: 16:07:28 Elapsed: 16:25:53

List any "first" or record claims: personal best longest length & time in water

Rules & Conduct

Feeding (substances & frequency): Carb Pro, Honey Stinger Gel, CroCo Squeeze, 16 packets 30 min

List all equipment, devices, and swimwear (including standard equipment) used by swimmer:
Zumo swimsuit, speedo Avenger goggles, Zoggs kid earplugs, Neobryon in black
Spanty brand swim cap, adventure LED light, 50/50 vaseline lanolin grease

List any modifications of MSF Standard Swim Rules:

Ø

Observer: Jax Cole
Steve Chase
Dan Simanelli
Email or Phone:
Jax (562) 754-9856



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.

MARATHON SWIMMERS FEDERATION - Standard Swim Log



Date

Sept 3, 2020

Swimmer(s)

Abby Bergman

Observer(s)

Dan Simonelli
Steve Chase
Jax Cole

Swim Description

Trans
Santa Monica
Bay

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TIME	LATITUDE	LONGITUDE	TEMP sea / air	WIND spd / dir	STR. RATE	NOTES (distances, feeds, subjective conditions, other incidents)
	32°40'41" N	117°12'13" W				Rough Crossing. Abby nervous about whether to start. Discussion about trail at Pointe's Cove vs. Zuma sands. Agree Zuma
2341:15	34° 01.34' N	118° 48.59' W	Air 62 Sea 62			Swimmer enters water w/ 4' swells then an irregular timing & direction 11:41:45 pm
2347						Jax reporting Abby has "e" on of sand in her suit
2353			Air 66° Sea 63°	11 kts		w/ 11 knot gusty winds - Jax reporting difficulty keeping up due to winds
0031	33° 59.36' N	118° 48.43' W				GPS (please see addendum on reverse →)
0038			Air 66 Sea 62	8+ kts	56	Wind averaging 8.2 kts, gusts to 10+
0051						Feed per plan. Swimmer stated water is "bumpy" and she wishes it would warm up.
0101	33° 59.036' N	118° 47.853' W				GPS Swimmer making steady progress It's still windy and swells are still 3-5'
0115			Air 66 Sea 63	10 kts		Swells 3-5' but more rolling than sharp No white caps now
0121						Feed per plan. About 60 seconds for feed
0133					56	Stroke appears steady, relaxed, and strong
0152						Feed per plan. Swimmer seems up beat. She discussed the improving conditions
0202	33° 58.345' N	118° 46.734' W				Jax! Dan Simonelli

Addendum

Time: 0004
9-3-20

Jax is requesting that they get closer to the boat (Jax & Abby)
more closer to the boat. Captain Dave states he will move
closer to the swimmer

9-3-20 00:10

Wind and current is making it extremely difficult for Jax
to keep up with the swimmer. Abby is about 50
yards ahead of Jax and she wants to know what's
happening w/ Jax and that she is safe

9-3-20 00:23

we fed Abby from the boat since Jax is still behind
due to adverse conditions. Abby is swimming backward
for th since we stopped the boat to enable Jax to catch
up & board the boat.

9-3-20 00:25

Jax is safely aboard the boat and the swim resumes
with feedings and supervision from the boat only, no
keyaker due to wind, current, & surface conditions.

[Signature]

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	32°40'41" N	117°12'13" W				
0220						Feed per plan: Abby stated "the goggles are squeezing my face"
0230			Air 64.7 Sea 63.6	PKTS S/SE	55	Conditions are still windy and swells are more rolling but still 3-5'
0250						Feed per plan: Abby confirmed that we are 3:30 into the swim. She paused briefly to urinate. She said she was "fine" but it was a bit warmer
0303	33° 57.6637' N	118° 45.6004' W				We are 3: hours into the swim so there may have been a slight error in order.
						She received the baby Abbi @ 4h 0:25 feeding
0320			Air 65.2 Sea 64.5	NKTS		Feed went smoothly. We did receive the 2 feeds.
0330			Air 65.2 Sea 64.5	NKTS S/SE	55	Conditions are almost identical to last hour. Swimmer continues making steady progress and remains positive
0350						Feed per plan. Abby continues to be upset. She requested liquid feeds be warmed from now on. She urinated.
0401	35° 57.0376' N	118° 44.6004' W				GPS
0420			64/65	5-8 Kt E		Feed per plan; warm feed
0450					54	Feed per plan, warm

Dan Simonelli

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0535	32°40'41"N 33°56.98N	117°12'19"W 118°45.52W	64/65	7-10kt E	53	
0520						Feed - warm
0550				5-8kt E	54	Feed - warm; Apple Sauce - Grease
0600	33°55.86	118°42.62	64/65	4-7kt E	54	
0620						Feed - warm Abby in good spirits "Good Morning!"
0630						Amazing sunrise + moonset. Jax obs.
0650						Swells @ Diag assist. Lumpy swells. Textured surface
0654						Feed carbopro warmed 1 min 10 sec in microwave
0708						Dan prepares to kayak, gets GoPro from Natalie
						Dan warmed all feeds + insulated in thermal bag. Pod of dolphins! Pointed out to Abby
0720	33°48.80	118°46.69	67/67	4-5 kt	58	Dan launches kayak. Deckhand Max helps
0722						Feed from kayak carbopro + ibuprofen Requests tinted goggles next feed
0750						Feed GoGo Squeeze Dan collects blue goggles from Nat via line
0820			67/70	4-5 kt	58	Feed Carbopro Abby: "I'm resisting asking how much further there is to go." Swaps goggles. Crew remove layers
						<i>[Signature]</i> Dan Simonelli

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	32°40'41" N	117°12'13" W				ipad source of lat long appears to not be updating
850	33°48.8		68/71	3-5kt	55	feed carbopro + honey stinger gel. Informed Abby that soon she will be livestreamed to 2nd grade class at her elementary school. 2 thumbs up response
923			67.4/73	2-3kt	56	Feed carbopro "Hi!!" Abby waves + smiles to the elementary students on camera
946	33°52.442	118°36.768				Distance to destination 10.3 nautical mi ETA 15:31 pm speed 2.00kt bearing 114°
951			67/85	1-3kt	54	Feed ggo squeeze "These are the conditions I ordered!" They just arrived a little late"
			66/88			calm, smooth surface + density smoother
						confirmed track is link working
1012						Dan films Abby w/ GoPro "Yikes car yme!" she was surprised at him being off position
1015	33°52.003	118°35.142				Distance to dest: 9.85 nm Completed 12.86 nm 2.3 nautical rhumb 2.03kt
1020			67/86	1-3K	60	feed CarboPro temp on rail of ship 102°F informed Abby of distance
						pale vesicles silhouette starting to emerge from smog / smoky haze being color
1050						CarboPro + Honey Stinger Informed Abby of kayak Δ next feed
1110				2-4K		prepare for kayak Δ. Steve prep to begin obs

Date

Sept 23, 2020

Swimmer(s)

Abby Bergman

Observer(s)

Dan Simonelli
Jax Cole
Steve Chase

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Santa Monica
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			66/84			calm, smooth surface + venting smoother
						confirmed track is link working
1012						Dan films Abby w/ GoPro "Yikes car igne!" she was surprised at her way off position
1015	33°52.003	118°35.842				Distance to dest: 9.85 nm completed 12.8 nm 2.3 nautical rhumb 2.03kt
1020			67/86	1-3k	60	feed Carbopro temp on rail of ship 102°F informed Abby of distance
						pale video silhouette starting to emerge from smog / smoky haze beige color
1050						Carbopro + Honey Stinger informed Abby of Kazak's next feed
1110				2-4k		prepare for Kazak's. Steve prep to begin obs
						Dan Simonelli

Date

Sept 23, 2020

Swimmer(s)

Abby Bergman

Observer(s)

Dan Simonelli
Jax Cole
Steve Chase

Swim Description

Trans
Santa Monica
Bay

MARATHON SWIMMERS FEDERATION - Standard Swim Log



Date

Sept. 23, 2020

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Abby Bergman

Observer(s)

Dan Simonelli
Jax Cole
Steve Chese

Swim Description

Trans Santa Monica Bay

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	32°40'41" N	117°12'13" W				
11:20						Feed per plan. Abby still up beat Bup. Ben in feed
11:22						Kayak switch: Dan out, Jax in to kayak.
11:32	33°50.68527 N	118°33.5279 W				GPS - conditions calm, warm light wind
11:53						Feed per plan: Abby asked @ time remaining when told it was about 4 hours she said she could do that.
12:00			Air 70 Sea 64	5.2 kts	57	
12:20						Abby urinated during feed Feed per plan plus honey packet. Pod of dolphins swimming on the port side just prior to feed.
12:30	33°49.6969 N	118°31.538 W				Warm and breezy starting to pick up clean surface has texture of 1-2' rolling swells
12:50						Feed per plan plus zinger Cherry They requested statute miles to destination next feed. Abby urinated during feed.
13:05	33°49.8014 N	118°30.3815 W				GPS conditions remain stable; breezy, textured sea
13:26			Air 68.5 Sea 64	5.1 kts	56	Feed per plan. 4.15 nm to shore 118. statute miles remaining
13:28	Swimmer saw also disappeared in distance remaining happy glad to be under					Ⓟ Jax Dan Sim

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	32°40'41" N	117°12'13" W				
13 ³⁰						Feed: slight change. Abby had liquid w/ baby adult Jax repositing Gogo Squeeze Applesauce since she doesn't eat any.
14 ⁰⁰	33°48.3964' N	118°25.5670' W				Get's: Gave Jax 2 applesauce per Abby
14 ²⁰						Swimmer A limited Feed: Gogo squeeze applesauce. Note cloud cover increasing, temp seems to be going down
14 ³⁰			Air 75.1 Sea 64	2+kts		Conditions: Intermittent onshore cloud cover Sea is 1-2' Rolling, surf's w/ surface ripples
14 ⁵¹						Feed per plan; mostly clear warm. Surface calm
15 ⁰¹	33°47.4877' N	118°26.5316' W				Get's Update: Approve Abby's plan
15 ¹⁰						Abby, Jax & Natalie discussing landing spot with Captain Dave to ensure correct end point, that is outside San Tomeca Bay.
15 ²⁴						Feed per plan. About 10 minutes discussion regarding potential end point of the swim. Abby, Jax, Dan, & Captain Dave. Abby has indicated a preference to clear a point and land well clear of the point. Discussion is ongoing between all involved.
15 ³⁰			Air 78.5 Sea 64	4.5kts	37	

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NOTES

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15:34	32°40'41" N	117°12'13" W			
15:40					
16:00					
16:01	33°46.1717' N	118°25.7967' W			
16:27:05	FINISH!				
16:27:08	33°46.3429' N	118°25.6438' W		16:25:53	
16:16					
16:36	33°46.4117' N	118°25.6678' W			

Note: Captain Crew, & Abby have agreed to alter landing spot to Lunata Bay. We are adjusting course accordingly.

Abby & box are now on the port side of the boat to swim closer together & reach Lunata Bay faster. Boat is skimming large kelp bed. Dan has joined as second kayak to assist.

Skipped 1550 feed: GPs

Swimmer malinger way through kelp bed towards shore & landing.

Abby touched the rocks just south of the black pipe descending the cliffs.

Estimated GPS landing spot will confirm w/ other apps. Preliminary time: 16:07:08 / 16:25:53

Abby safely on beach. No reports of injury or illness other than cold/flu. I requested a warm shower and stated she was okay otherwise.

Landing spot GPS more accurate estimate than GPS App

Date
Sept 23, 2020

Swimmer(s)
Abby Bergman

Observer(s) 9-320
Dan Simonelli
Steve Chese
Jax Cole

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Trans Santa Monica Bay

Ⓢ Jax Cole Dan Simonelli

Observer notes ADDENDUM by Jax Cole

Regarding Abby Bergman Swim September
2-3 2020

Location Lunada Bay between "Dominator" Shipwreck
and reef rocks that stick out into Eastern opening
of Lunada Bay

Dan Simorell: "Abby this rock connects to the
natural connecting shore" and points to a white
rock that slopes into the water on one side and
touches dry land on the other. Dan uses his paddle
to point.

Abby: "Ok" and swims the indicated direction and
places her hand on it above the water line. Abby
appears to consider getting fully out of the water
and looks around nearby shore turning her head

Dan: "I gotta get out of here I'm gonna crash"
as another lump of water pushes into his somewhat
sideways yellow kayak. He is already in very tight
among the rocks, closer than I dare go. I'm
videoing with Galin and curse as "my" kayak which
is Dan's black scrambler bottoms out on a
shallow reef rock covered in soft sea plants.

The three of us exit the shallow rocky area promptly
& return to Pacific Star 200+ yards away outside
the kelp forest. Chew + smiles abound. ☺