

Swimmer

Name: EDWARD 'TED' LOMICKA Gender: M Age: 52 Resides In: Franklin, TN, USA

Support Personnel

Pilot name(s): Hubert Sen Son (lead)
Danté Augustin (2nd) Vessel: Island Girl Port: Rodney Bay, Saint Lucia

Crew names & roles: Vance Poss - feeder
Sue Dyson - independent observer / coordinator
Alaushad Khan - medic / independent observer
John McLennon - photographer Will Wilson - rescue diver / first mate

Swim Details

Date: July 28, 2021 Body of Water: East Coast Atlantic Ocean off St Lucia Location: East Coast of Saint Lucia

Route description: FOND BAY, MICARD, SAINT LUCIA to Smuggler's Cove, St. Lucia

Swim distance: 23mi Start time: 5:05 AM Finish time: 5:20 PM Elapsed: 12:14.45

List any "first" or record claims:

Rules & Conduct

Feeding (substances & frequency): every 30 minutes Carbo Pro. on alternating 1/2 add gels (e gel & spring energy gel) CarboPro is mixed with water

List all equipment, devices, and swimwear (including standard equipment) used by swimmer.

TYR Velocity goggles, TYR Jammers, NO swim cap, regular wrist watch, mandatory vaccine band (gov't issued), Dental Rx (rinse mouth - all natural), vaseline, desitin, and SOL Rx Sunscreen -> all lathered on skin

List any modifications of MSF Standard Swim Rules:

no modifications to standard MSF Swim Rules

Observer: S Dyson
Sue Dyson
Email or Phone: 758-716-7806
sluchannelswim@gmail.com



I witnessed this swim in its entirety, start to finish, and attest that it was conducted in strict accordance with the rules and spirit of traditional marathon swimming.



Solo Swim Observation Log

Date: July 28, 2021

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Swimmer Name: EDWARD 'TED' LOMICKA Route Description: FOND BAY, MICOUA to SNUGLER'S COVE

Time	Strokes per minute	Temperature C or F		Wind kts mph kph m/s BF		Notes Use reverse side for longer notes - please include timestamps.
		Water	Air	Speed	Dir	
JULY 27 9:50 PM						left Rodney Bay Marina heading down west coast around Southern tip to Fond
JULY 28 4:56 AM						arrived in to Fond Bay, Micoua - set dingy out to drop swimmer
5:05 AM		78° 80° F	78° F			horn sounds and Ted enters water; dingy capsized in surf
6:05 AM	56	82° F	78° F	14 knots	East	first feed - Carbopro mixed with water after noticed tracker not working
6:35 AM		82° F	79° F	15 knots	East	Ted urinated (Marine Police left) Carbopro mixed w/ water, e-gel
7:05 AM	56	82° F	79° F	11 knots	East	traveled 3.2 nautical miles Ted indicated school of fish following
7:37 AM	57	82° F	81° F	13 knots	East	20 ft away from Ted; school of fish following him still
8:09 AM	57	82° F	81° F	10 knots	East	passing the Praslin Bay; urinating regularly
8:39 AM	56	82° F	82° F	11 knots	East	Ted said he's feeling good; keeping steady pace
9:11 AM	56	83° F	82° F	11 knots	East	passing Dennerly village; feeder was excited about used 3 squirts
9:40 AM	51	83° F	82° F	10 knots	East	fisherman from Dennerly zoomed out to check on us as looked like boat in tra
10:12 AM	55	83° F	85° F	14 knots	East	continue with steady pace; Carbopro mixed w/ water @ top of each hour
10:35 AM	57	83° F	85° F	12 knots	East	moving at good pace; current from the East moving west with swells at 3 ft
11:07 AM	57	83° F	85° F	12 knots	East	Brown boobies start circling in the air checking out Ted

PAGE 1 ONLY - Time recorded as (HH:MM:SS)

12:14.45

Start Time: 5:05 AM

Finish Time: 5:20 PM

Total Elapsed Time:

Observer Name:

SUE DYSON

Observer Signature:

Sue Dyson



Solo Swim Observation Log

Date: JULY 28, 2021

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Swimmer Name: EDWARD 'TED' LOMICKA Route Description: FOND BAY, MICOD to SMUGGLER'S COVE, ST LUCIA

Time	Strokes per minute	Temperature C or F		Wind kts mph kph m/s BF		Notes Use reverse side for longer notes - please include timestamps.
		Water	Air	Speed	Dir	
11:42 AM	57	83° F	85° F	14 knots	East	Drawn boobies landing on water near swimmer
12:11 PM	56	83° F	85° F	10 knots	East	Reached Grand Anse about 1/2 way through the swim
12:41 PM	56	83° F	85° F	13 knots	East	carbopro & water with spring gel spray 3 squirts of Dental Rx
1:12 PM	59	83° F	85° F	14 knots	East	current swiftly pulling boat closer closer to shore
1:42 PM	56	83° F	85° F	13 knots	East	swimmer said he is feeling good; drawn boobies still landing near him
2:12 PM	57	83° F	85° F	11 knots	South East	with Comoret and Cas En Bah in view; team sees we are nearing and end
2:44 PM	58	83° F	85° F	15 knots	East	captains acknowledge toughest stretch coming with changing currents
3:18 PM	57	83° F	83° F	12 knots	East	Passing by Cas En Bah and new Cabot development; into home stretch
3:49 PM	59	83° F	83° F	10 knots	South East	gel got stuck in bottle; had to resend bottle w/ new gel in it
4:27 PM	56	82° F	77° F	12 knots	East	light rain & clouds; immediate air temp (Tow Sala)
4:50 PM	57	82° F	81° F	11 knots	East	Ted indicated no feed with landing area in sight
5:20 PM		81° 81° F				Walks on Beach at SMUGGLER'S COVE FINISHED !!!

PAGE 1 ONLY - Time recorded as (HH:MM:SS)

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SUE DYSON

Observer Signature:

S. Dyson